Subject line: New Free Course Helps You Make Sense of Health Data

Dear [Organization Name] Community,

We’re excited to share a new, free online course created by the National Organization for Rare Disorders (NORD®), [***From Records to Research: Making Sense of Health Data for Rare Diseases***](https://learn.rarediseases.org/courses/from-records-to-research-making-sense-of-health-data-for-rare-diseases/). The course is designed to support patients, caregivers, and advocates in understanding how health data is used in care and research.

We know that health data can be hard to understand, whether it’s how your electronic medical records are stored and shared or how your data can be collected through medical devices and apps. This course breaks things down in a clear way so you can feel more informed, empowered, and confident.

What you’ll learn:

* How your health information is collected, stored, and shared
* How devices and apps can help track and manage symptoms
* How your data could be used in a research study
* How health data can lead to better care, treatments, and knowledge

The course is:

* Just 90 minutes total, and you can take it at your own pace.
* Mobile-friendly, so you can access it anytime from a smartphone, tablet, or computer.
* Available in English and Spanish

We hope you’ll check it out and share it with others in your life who are experiencing a rare disease journey. The more we understand health data, the more power we have to shape care and research for our rare disease community.

Start the course today! Learn.rarediseases.org