**Template for Newsletter Article**

We welcome you to customize the following copy to share information about NORD’s *“From Records to Research: Making Sense of Health Data for Rare Diseases*” course with your community.

**Headline:** From Records to Research: A New Resource for Rare Disease Families

Health data plays an important role in every step of the rare disease journey. From doctor visits and medical records, to apps, devices, and research studies, data helps improve care, connect patients with new tools, and advance the search for better treatments. However, for many patients and caregivers, managing and understanding how health data works can feel complicated and overwhelming.

To help, the National Organization for Rare Disorders (NORD®) has created a free, 90-minute online course, [***“From Records to Research: Making Sense of Health Data for Rare Diseases.”***](https://learn.rarediseases.org/courses/from-records-to-research-making-sense-of-health-data-for-rare-diseases/)

This course is designed especially for patients, caregivers and advocates in the rare disease community. In just four short modules, you’ll learn:

* How health data is collected from doctor visits, devices and apps, and daily life
* How your data is kept safe and used responsibly in research
* Why health data matters for improving care and developing new treatments
* How you can feel more confident when navigating care, using digital health tools, or considering participation in research

The course is mobile-friendly and requires no technical background.

[Our organization] is encouraging our community to take advantage of this free opportunity because understanding your health data can help you feel more empowered in your care and decisions. **Get started today at learn.rarediseases.org.**

**[Here is the direct link to the course]** <https://learn.rarediseases.org/courses/from-records-to-research-making-sense-of-health-data-for-rare-diseases/>